

CERTIFICATE OF PARTICIPATION

This is to certify that

Richel Dowling

Has successfully participated & completed the

5 Km HI-TEC Neethlingshof Full Moon Run

held at Neethlingshof, Polkadraai.

TIME 01:06:39

PACE 13:18/km **OVERALL** 162 of 184 **GENDER** 66 of 72 **40 - 49** 13 of 13



outTime

Signature

Date